

Plug Into Play – Charging Your Child’s Development and Your Connection

Let every moment of play nourishes your child’s growth and strengthens your parent-child bond

Play = Learning



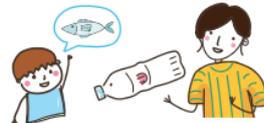
Cultivate core life skills: emotional intelligence, communication and expression, creative thinking, problem-solving ability

Parent is the facilitator



Conscious companionship and timely support: observe, ask questions, and support—rather than control and command

Simplicity is power



Everyday household items make the best play materials

Play is the bridge of communication



Use play to address the true needs behind a child’s behavior

“Recharging” depends on daily routines



A few minutes of focused attention each day is more valuable than occasional extended periods of activity

Parents' role – play facilitator



Observation first

before intervening, observe and see if children can solve the problem on their own



Expansion, not control

when the child needs it, provide new materials or ideas instead of changing the entire game



The Five Principles for Play Facilitators



Ask questions rather than give orders

open-ended questions spark deeper thinking



Follow your child's interests

let your child direct the play



Celebrate the process, not the outcome

praise effort and exploration

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